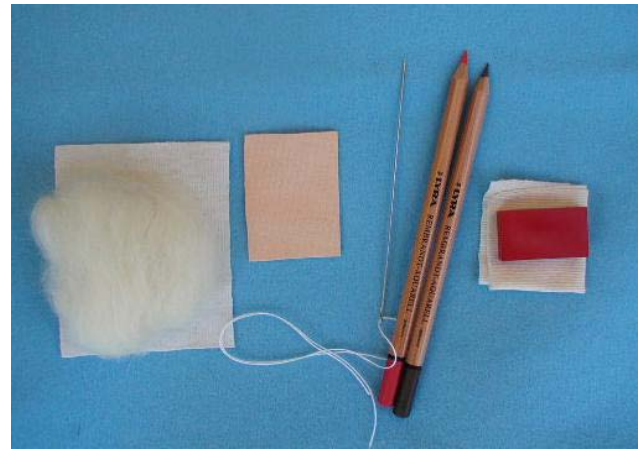


## HOW TO MAKE THE HEAD AND BODY

To make a head you will need:

- piece of beige tricot (thin stretchy interlock)
- piece of skin-tone tricot (interlock/doll skin)
- tuft of sheep wool
- long needle
- aquarelle (water-colour) pencils
- cheek rouge (red beeswax block)



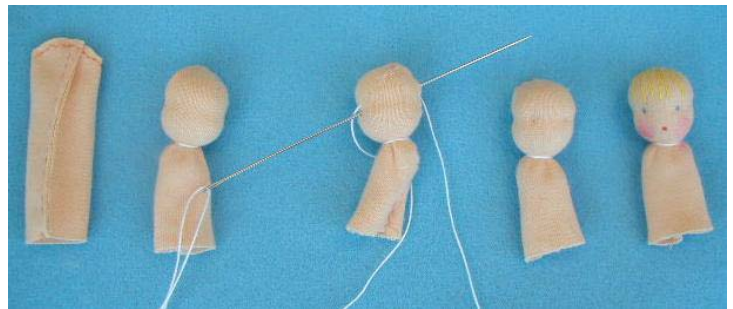
Put the tuft of wool in the beige tricot. Make a ball with it.

The measurement of the head is made from neck to neck.

For the eye-line stitch a strong thread in the middle of the head.

Wrap the thread around the head twice, pull it tight and fasten it securely.

Fold the skin-tone tricot in half lengthwise and sew the seam. Fold the seam open and sew the top closed in a bow shape. Cut excess fabric off. Put the tube over the head and bind the neck off. Pull the eyes inward with a thread through the front to the back just above the eye-line. Stitch under the eye-line again to the back of the head. Repeat for the other eye. Pull the threads in the back of the head and knot off. Stitch thread-ends away. Colour the face in with aquarelle pencils, making sure the pencil has a sharp point. Put a little stripe in for the eyes and a little stripe for the mouth. To get the colour more rich make your pencil tips slightly wet. The cheeks can be coloured in with the side of a red pencil or you can use a block of red beeswax crayon. Embroider for the bangs a few hairs on the head.



Make a body from pipe-cleaners. The length of the pipe-cleaners is written on the pattern. Bend the ends of the arms a half cm (quarter inch) inwards. Cut the neck on the sides and push it onto the body in between. Bind the neck under the arms together. Wrap a little bit of wool around the

hands and bind these off with small squares of skin-tone tricot. For further dressing follow the instructions in the pattern.



© [www.atelierpippilotta.nl](http://www.atelierpippilotta.nl)

Translation by [www.beardancecrafts.com](http://www.beardancecrafts.com)